



**The Lord Almighty is holy. His glory fills the world. (Isaiah 6:3)**

We strive to live holy lives through  
 "... love that is patient and kind" that "never gives up"  
 enabling us to "Go out into the world, and love the people we meet."  
 (Saint Paul and Saint Teresa)

## **All Saints Academy PSHE overview**

<b>Date of Policy</b>	March 24	<b>Responsibility</b>	Finance & Audit
<b>Date of review</b>	March 26	<b>Approval date</b>	March 24
<b>Commitment to equality</b>	At All Saints Inter Church Academy we believe that the provision of an outstanding education which develops a wide range of skills is crucial for opening up opportunities and increasing the chance of a successful life for every pupil. As a school, we are therefore committed to avoiding discrimination and promoting equality at all levels and recognize that by doing this, attainment and progress of all pupils will be improved.		

Our school aims as a Christian community are:

- Pursuing excellence in teaching and learning
- Challenging children to reach their full potential
- Nurturing spirituality and respect for self and others
- Inspiring values for life

### **Introduction**

"Life and physical health are precious gifts entrusted to us by God. We must take reasonable care of them, taking into account the needs of others and the common good." Catechism of the Catholic Church. PSHE at All Saints Academy supports Jesus' commandment to "Love your neighbour as yourself" and the belief that all humankind is created in the image of God and is of value.

### **Aims**

Personal, social and health education (PSHE) is a non-statutory planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives. As part of a whole school approach, PSHE develops the qualities and attributes pupils need to thrive as individuals, family members and members of society.

## **Teaching**

The framework of our PSHE curriculum comes from 'Life to the full plus' an accredited programme from the model Catholic RSE Programme by the Catholic Education Service, which has been highlighted by the Department of Education as a work of good practice. The main strands of this curriculum are:

### **Module One: Created and Loved by God.**

This is taught alongside our RSHE curriculum. This module focusses on a variety of transitions and times of change. Children will learn that God's unchanging love means they can cope with change, meet new people and feel safe in new environments.

### **Module Two: Created to Love others.**

Building on the understanding that we have been created out of love and for love, this module explains how we take this calling into family, friendships and relationships and teaches strategies for developing healthy relationships and keeping safe both online and in our daily lives. This religious understanding is then applied to real-world situations relevant to the age and stage of the children.

### **Module Three: Created to live in community**

This unit explored the individuals relationship with the wider world. We explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working with the common good. We apply this religious understanding to real-world situations, such as the community we live in, and through exploring the work of charities which work for the common good.

Relationships and Health Education (RHE) will be taught through the prism of Catholic RHE. The framework of our RHE curriculum comes from 'Life to the full' an accredited programme from the model Catholic RSE Programme by the Catholic Education Service, which has been highlighted by the Department of Education as a work of good practice. Parents will be advised prior to these sessions, so that they can be involved and prepared for the issues and questions that may arise in the wider world.

The programme 'Life to the full Plus' covers all necessary strands for each year group and these are planned for across the academic year to ensure children have a well-rounded PSHE education. The overall aim is to develop the children's ability to take responsibility for themselves.